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Cover picture (©Bethlem Art and History Collections Trust)

Eliza Josolyne was one of several dozen psychiatric patients whose portrait was captured in the 1850s by the London society photographer Henry Hering. According to her medical notes (preserved at Bethlem Royal Hospital's Archives & Museum) Josolyne's work as the sole domestic servant in a house of 16 to 20 rooms had proved too much for her, and she was admitted to hospital in a state of acute anxiety and melancholia, and with her face sore where she had picked at it. With encouragement from the nursing staff she took up needlework and began to busy herself in the scullery. Nine months after admission, Josolyne was described as 'generally cheerful and always industrious and kind, but some days rather dejected'. A little later, however, she had sunk into 'a very low, desponding state of mind' from which she never fully recovered. She remained at Bethlem until her death several decades later. A selection of Henry Hering's remarkable photographs of Victorian psychiatric patients is on show at Belgium's Dr Guislain Museum until 27 April 2008 (www.tussenlichaamengeest.be). Thanks to Colin Gale, Bethlem Archivist, for the image and information.

