Expressed emotion

Julian Leff

This measure, developed to study carers’ emotional response to people with schizophrenia, stimulated the crafting of interventions to ameliorate the emotional environment in which these people lived. The success of these interventions in reducing relapse rates in the UK and the USA has been replicated in China and Japan, and influenced NICE guidelines for the care of schizophrenia. Related family interventions have proved successful in bipolar disorder, major depression, eating disorders and alcoholism. Carers’ expressed emotion has been shown to predict the course of diabetes, childhood epilepsy, and myocardial infarction. Could family interventions improve the outcome of these physical disorders?
Expressed emotion – in 100 words
Julian Leff
BJP 2013, 202:335.
Access the most recent version at DOI: 10.1192/bjp.bp.112.108548

References
This article cites 0 articles, 0 of which you can access for free at:
http://bjp.rcpsych.org/content/202/5/335#BIBL

Reprints/permissions
To obtain reprints or permission to reproduce material from this paper, please write to permissions@rcpsych.ac.uk

You can respond to this article at
/letters/submit/bjprcpsych;202/5/335

Downloaded from
http://bjp.rcpsych.org/ on October 21, 2017
Published by The Royal College of Psychiatrists

To subscribe to The British Journal of Psychiatry go to:
http://bjp.rcpsych.org/site/subscriptions/