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Cover picture
Originally from Iran, I learned to paint when I was 18. I had an exhibition of my work in Tehran in 2000. I trained in psychiatry in Wessex from 2006 to 2009 and since then have been working as a Staff Grade Psychiatrist in Leeds. One of my paintings, Before the Meeting, was published in the April 2011 issue of the Journal (vol. 198, p. 252). I am a figurative painter and use oil, chalk and oil pastel. In Melancholia, the white and black colours serve to intensify the melancholic feeling; depression makes everything bleak and colourless. The woman in the painting brings her knees up to her chest; she is withdrawing from the world. The colour purple is meant to signal the hope that she will recover.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or bj@rcpsych.ac.uk.